



Vaastu and Homes Mrs. Ruchi Harsh AjitSaria



VAASTU AND HOMES

This month, the Vaastuyogam team met with Mrs. Ruchi Harsh AjitSaria at her office in Ahmedabad.

Mrs. AjitSaria was born and brought up in Kolkata where she attended La Martinere School for Girls in Kolkatta, undeniably the top of all leading schools of India. Her family had business interests in cotton spinning and Mrs. AjitSaria was always made aware by her parents of her responsibility of taking over the reigns of the family business. After marrying Harsh AjitSaria of Rameshwar Udyog Pvt. Limited., she settled in Ahmedabad where she has full-time marketing responsibility of her father's company, Zenith Spinners. Mrs. AjitSaria has an eight year-old son, Yash.

After meeting Dr. Rao in 2004 and adhering strictly to his guidelines, Mrs. Ruchi Harsh AjitSaria and her family are now full-fledged Vaastu believers.



Mrs. Ruchi Harsh AjitSaria

Excerpts from the interview:-

We met Dr. Rao around seven years ago. We were on the look out for a new house for ourselves and had finalized one at Royal Crescent Bungalows. The houses were truly magnificent and imposing, yet homely and with unassuming interiors. Even though everything seemed perfect – on the surface at least – we decided to get it checked by a Vaastu consultant.

The interesting part here was that though my inlaws were aware of Vaastu the family had never implemented Vaastu nor taken



Mrs. Ruchi Harsh AjitSaria with her husband

any Vaastu consultant seriously. Yet Vaastu seemed to be the right thing to be done. Everyone we knew was into it. We came from a traditional background and as such

respected the ancient Hindu texts, even though we were not familiar with them in a big way.

We did not have to look far for a Vaastu consultant, as a business acquaintance of my husband's introduced us to Dr. Rao as "the best in the business". Even seven years ago, he was a name to reckon with.

When Dr. Rao inspected the premises, he came up with a short, but stiff list of changes that needed to be done. Though the list seemed small, it practically altered the landscaping of the house. There was more. We had not yet moved into the place, so the changes were painless. However, I must admit that had I been staying there, perhaps there would have been resistance at that time.

What happened after all the Vaastu re-engineering?

The answer is not as simple as the question because when one goes for Vaastu, it is because, firstly, it most likely prevents calamities from visiting you. Thus, the first result of Vaastu re-engineering – as I see it – was that nothing untoward has come our way.

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**VAASTU AND HOMES****What makes Vaastu work?**

That is a question which perhaps Dr. Rao can best answer. My own feeling is that Vaastu creates an environment of positive vibes that empower peoples will and intellect. And once your will and intellect are strengthened, there is no stopping you.

Firstly, overall there was general improvement of health and peace of mind

Secondly – and importantly – Harsh and I fell in love with our home. We look forward to returning to it. Our happiest time is spent here. On holidays, when others rush to “vacation spots”, we prefer to stay back at home. I read in a back issue of Vaastuyogam that, “First we build the homes and then the homes build us.” This sentence truly describes our experience with our home after the Vaastu implementation.

Earlier, when commenting on the changes that Dr. Rao made to our home, I emphasized that *at that time* I would have resisted the alterations that Dr Rao spelt out. But that was then, because back then, we had no idea what bad Vaastu could do. Today, if Dr. Rao were to ask for changes at the factory, office or home, we would not hesitate a moment. Voluntarily, we would get Dr. Rao to re-check and would insist that he tell us all the changes he wanted done. We would not leave a stone unturned in complying with Dr.Rao's instructions.

I'll let you into my little secret. If sometimes,

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Established in 1836, La Martiniere For Girls, Kolkata, is deemed to be one of the most prestigious and premier institutions of the country. Not only it is known for its academic excellence, but is also reputed for the innumerable extra-curricular activities it encourages. Immense importance is given to the all-round development of the students, and they are encouraged to become sensitive, responsible individuals, who can contribute to society. Every Martinian strives to reach great heights in her own way The Alumni is spread all over the globe and owe their success to their beloved school..

**NOTABLE ALUMNI FROM LA MARTINIERE SCHOOLS BOTH FOR GIRLS & BOYS**

- ▶ Nafisa Ali, swimming: national champion; actress and former Miss India, politician
- ▶ Leander Paes ('92 batch), tennis: India's only medallist at the 1996 Summer Olympics in Atlanta, captain of the Indian Davis Cup team.
- ▶ Sunanda K. Datta-Ray ('54 batch), author, journalist and former editor of The Statesman
- ▶ Jug Suraiya ('62 batch), humourist and journalist
- ▶ Pritish Nandy, poet, journalist and film producer, former editor of The Illustrated Weekly of India, and former MP in the Rajya Sabha.
- ▶ Swapan Dasgupta ('72 batch), journalist and political commentator; former Managing Editor, India Today.
- ▶ Chandan Mitra (Gold Medallist '71), Member of Parliament and journalist; author of "Constant Glory", an authorized history of La Martiniere.
- ▶ Pranroy Roy, founder and Editor-in-Chief, NDTV. (till Class V; he transferred thereafter to Doon School, Dehra Dun)
- ▶ Sanjoy Narayan, Editor, Hindustan Times and former Editor, Business Today
- ▶ Dr. Vijay Mallya , ('72 batch) Chairman of the United Breweries (UB) Group and Rajya Sabha member
- ▶ C K Birla, industrialist
- ▶ Kiran Rao ('85 batch) Wife of Aamir Khan. Film producer ("Dhobi Ghat")





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the servants leave us and go away, or if the cook doesn't show up regularly, I ask Harsh to contact Dr Rao to re-check if any Vaastu blunder has been committed!

What makes Vaastu work?

That is a question which perhaps Dr. Rao can best answer. My own feeling is that Vaastu creates an environment of positive vibes that empower peoples will and intellect. And once your will and intellect are strengthened, there is no stopping you. This is in fact what the German philosophers

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Mrs. Ruchi Harsh AjitSaria with family

have also opined. The German philosopher Schopenhauer's philosophy holds that all nature, including man, is the expression of an insatiable will. That the world that we perceive is a "presentation" of objects in the theatre of our own mind. He also states in his introduction to his book, "The World as Will and Idea" that the reader will be at his best prepared to understand his theories if he lingered in the school of Plato or he is already familiar with Indian Philosophy.

Conclusion

Dr. Rao not only advised us on Vaastu but encouraged us at every stage of the Vaastu implementation to extend our interest in the

Vaastu and Astrology within the framework of scientific temperament. No length or eloquence will make be a sufficient acknowledgement of the lessons I have learned over the past several years from Dr Rao.. In an age when all "knowledge" is laden with power, interest, strategies of control and domination, Dr.Rao has been a fountain of unbiased advice and knowledge that is given freely and bountifully. No one can ask for more.

The larger impact of Dr. Rao and his Vaastu was felt by us in our manufacturing facilities wherein his prowess extricated us from many a tricky twist of fate; but that is a long story and I'll save it for another day. ■